



THE LAW OF attraction

THE PURSUIT OF WELLNESS



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The most important tool to use when learning the Law of Attraction is?

- A. Friends support
- B. A shovel
- C. Creative visualization
- D. The internet

www.mayoclinic.com

What is the biggest obstacle in success with using the Law of Attraction?

- A. Untied shoelaces
- B. Doubt
- C. Not meditating
- D. Being tired

www.mayoclinic.com

Which of the following statements best suits the principals of the Law of Attraction?

- A. Like attracts like
- B. If you like someone and they don't feel the same, it's against the law
- C. If you wish you will receive

www.mayoclinic.com

How many unconscious thoughts per day do we have?

- A. 5000-6000
- B. 50000-60000
- C. 2500-10000
- D. 25000-35000

www.mindbodygreen.com

What percentage of our thoughts per day are negative?

- A. 10%
- B. 25%
- C. 70%
- D. 80%

www.mindbodygreen.com

When you release a thought or a want using the Law of Attraction, who or what are you asking?

- A. Buddha
- B. The universe
- C. Oprah
- D. Mother nature

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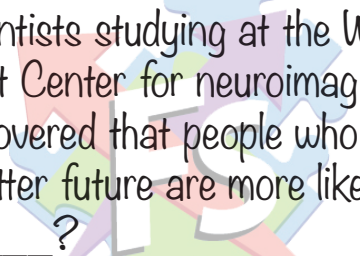
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The Law of Attraction has Platonic roots, what does that mean?

It was first recorded by the famous Greek philosopher Plato in 391 BC in saying: "Like tends towards like"

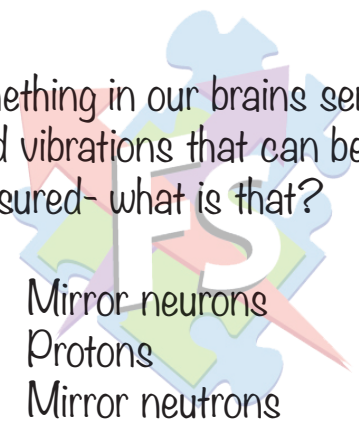
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Scientists studying at the Welcome Trust Center for neuroimaging have discovered that people who visualize a better future are more likely to _____?

Bring that future into existence

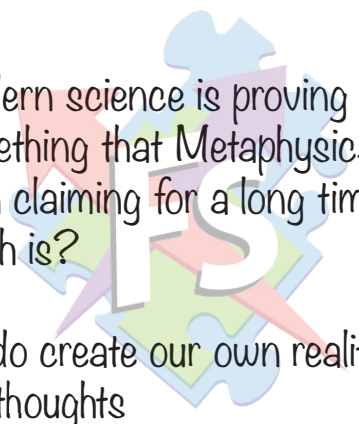
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Something in our brains send out good vibrations that can be measured- what is that?

- ➔ A. Mirror neurons
- B. Protons
- C. Mirror neutrons
- D. All of the above

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Modern science is proving something that Metaphysics has been claiming for a long time, which is?

We do create our own reality with our thoughts

www.quantum-self.com



"Attitude is a little thing that makes a big difference"

-Winston Churchill



"Imagination is everything. It is the preview of life's coming attractions"

-Albert Einstein